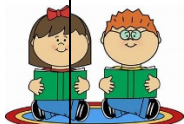
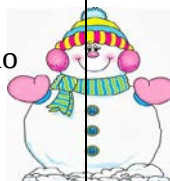


Monson~Sultana Menu for January 2021

Monday	Tuesday	Wednesday	Thursday	Friday
In the operation of child feeding programs administered by the U.S. Department of Agriculture, no child will be discriminated against because of race, sex, color, national origin, age, or handicap. If you believe you or any individuals have been discriminated against, write immediately to the Secretary of Agriculture, Washington D.C. 20250. <u>Menu subject to change without notice.</u> **1% white and/or non-fat chocolate milk served with each meal. ***Fruit Juices Served for Breakfast Only***			1 	
4 	5	6 Cereal Bar - Fruit Chicken Rice Bowl Vegetable Fruit 	7 Donut - Fruit Chimichanga Vegetable Fruit 	8 Muffin - Fruit Hot Dog Chips Vegetable Fruit
11 Graham Cracker Cereal - Fruit  Grilled Cheese Vegetable Fruit 	12 Cinnamon Roll Fruit Chicken Nuggets Vegetable Fruit 	13 Waffle - Fruit Tamale Spanish Rice Vegetable Fruit 	14 Twin Bar - Fruit Beef Taco Vegetable Fruit 	15 Pop Tart - Fruit PBJ Sandwich Chips Vegetable Fruit
18  20	19 Graham Cracker Cereal - Fruit  Corn Dog Vegetable Fruit 	20 Donut - Fruit Chicken Alfredo Bread Stick Vegetable Fruit 	21 Cinnamon Roll Fruit Hamburger Chips Vegetable Fruit 	22 Muffin - Fruit  Burrito Vegetable Fruit
25 Graham Cracker Cereal – Fruit  Pizza Pocket Vegetable Fruit 	26 Pop Tart - Fruit Chicken Sandwich Vegetable Fruit 	27 Cereal Bar - Fruit Fried Chicken Pilaf Vegetable Fruit 	28 Twin Bar - Fruit Mini Corn Dog Vegetable Fruit 	29 Waffle - Fruit Hot Dog Chips Vegetable Fruit

Monson~Sultana Menú de Enero 2021

Lunes	Martes	Miércoles	Jueves	Viernes
En la operación de los programas de alimentación infantil administrados por el Departamento de Agricultura de los Estados Unidos, ningún niño será discriminado por motivos de raza, sexo, color, origen nacional, edad o discapacidad. Si usted cree que usted o alguna de las personas ha sido discriminado, escriba inmediatamente al Secretario de Agricultura, Washington DC 20250. El menú está sujeto a cambios sin previo aviso. ** Leche con Chocolate 1% o blanca y o sin grasa sirvida con cada comida. *** Jugos de frutas se sirven para el desayuno ***				
		6 Barra de Cereal Fruta	7 Donut - Fruta 	8 Mollete - Fruta
		Arroz con Pollo Verdura Fruta	 Chimichanga Verdura Fruta	 Hot Dog Bolsa de Papitas Verdura Fruta
11 Galletas de Canela Cereal - Fruta 	12 Rollo de Canela Fruta	13 Gofre - Fruta	14 Pan Dulce - Fruta	15 Pop Tart - Fruta 
Sándwich de Queso a la Parilla Verdura Fruta	Chicken Nuggets Verdura Fruta 	Tamal Arroz Verdura Fruta	 Taco Verdura Fruta	 Sándwich de Mermelada con Crema de Cacahuete Verdura Fruta
18 	19 Galletas de Canela Cereal - Fruta	20 Donut - Fruta	21 Rollo de Canela Fruta	22 Mollete - Fruta
	Corn Dog Verdura Fruta 	Chicken Alfredo Barrita de Pan Verdura Fruta	 Hamburguesa Bolsa de Papitas Verdura Fruta	 Burrito Verdura Fruta 
25 Galletas de Canela Cereal - Fruta 	26 Pop Tart - Fruta	27 Barra de Cereal Fruta	28 Pan Dulce - Fruta	29 Gofre - Fruta 
Pizza Pocket Verdura Fruta 	Sándwich de Pollo Verdura Fruta 	Pollo Frito Pilaf de Arroz Verdura Fruta	 Mini Corn Dog Verdura Fruta	 Hot Dog Bolsa de Papitas Verdura Fruta